

What to bring

- Sunglasses or hat.
- Sunscreen.
- Wear clothes that you don't mind getting wet.
- Water bottle.
- If kayaking, wear shoes that can go in the water. It is recommended to not wear shoes when paddle boarding, so be prepared to walk into the water.

Rules of the Water

1. Life vests must be worn at all times. Even if you're an excellent swimmer, you never know what you will encounter with a fall. Impalement or cold-water shock could leave you unable to swim.
2. Boaters have the right of way. Never assume they see you. Paddle closer to shore to stay out of their path. Always wait for boats to pass, and never cross in front of them.
3. Paddle board leashes must be secured to ankle
4. Steer clear of wildlife, especially swans
5. If you fall off, stay calm. If you cannot get up on your own, we will assist you. If you are on a paddle board always fall feet first rather than diving into the water. Many water ways are shallow.
6. Remain within eyesight of the group and stay on the intended route
7. No alcoholic beverages before or during your trip
8. Anyone under 18 must be accompanied by an adult while on the water.
9. Anyone under 12 must be on a tandem kayak with an adult.

*these are semi-guided tours. Each tour will start with a brief lesson.